



**Bring Awareness. Educate. Save lives.**

# **NATIONAL NON PROFIT 501(C)3**

## **Our Brief Mission Statement**

*Bring Awareness to the 22 Vets and 1 Active Duty we lose per Day to the Hidden Wounds of War. Connect the Dots for transitioning Service members to the civilian World. Get Vets and Active Duty Members the Non Traditional Treatment not provided or paid for by VA and Military Medical Facilities. Get Veterans active within the Community as to not lose that sense of mission. Provide FREE counseling to Vets and Service members outside of the VA and Active Duty Medical facilities. Bring Vets together to build the comradery that is lost once they transition out. Vets HELPING Vets...Since losing our own Son in 2012 to the Hidden Wounds of War something had to be done. This is END 22...*

**Anxiety, Sadness,  
Anger, Guilt, Shame  
Avoidance, Self-  
medication**

---

**Insomnia or  
nightmares, Fatigue,  
Edginess and  
agitation**

---

**Feeling sad or  
hopeless**

---

**Withdrawing from  
others, feeling  
disconnected or  
numb**

---

**Confusion, difficulty  
concentrating**

## **END 22**

2509 George Mason Dr  
#6496 VA Beach VA  
23456  
501(c)3 EIN 81-3458700

[www.helpend22.org](http://www.helpend22.org)

[www.facebook.com/helpend22](https://www.facebook.com/helpend22)